



Aurora School

TRAMPOLINE POLICY & GUIDELINES

Aurora School Policy 2021

RATIONALE

Aurora School has an in-ground trampoline for use by students in the Early Education Program and the Aurora School Community Kindergarten in conjunction with their classroom and therapy goals. Trampolines can be unsafe if not used correctly.

In order to ensure staff and student safety, a Policy and Guidelines for Use has been drafted by the Occupational Therapist based on best practice and protocols implemented in specialist educational settings.

Aims: To provide consistent practice and safe usage of the in-ground trampoline at Aurora School.

Implementation:

- Occupational Therapist to draft, review and update guidelines for the safe and consistent use of the trampoline in conjunction with best practice and protocols implemented in different specialist educational settings.
- Guidelines presented and discussed during a staff briefing annually by the Occupational Therapist to ensure all staff are aware of how best to use the trampoline.
- All staff provided with a copy of the guidelines for their classroom and for personal reference.
- The guidelines will be attached at the gate of the trampoline.
- The guidelines must be reviewed annually and attached to the Trampoline Use Policy.
- Students with medical conditions which may be contra indications for trampoline use require individual medical clearance by their GP or Paediatrician. Permission forms need to be signed and returned to school before the student can use the trampoline.
- A list of students who are not permitted to use the trampoline will be distributed to staff, be noted in classroom documentation and included in the Casual Relief Teachers' Manual.
- It is the responsibility of staff members using the trampoline, to register (at the Office) any damage to the trampoline, surrounding area, fences, gates and locks, and graffiti. This damage must also be reported to the Principal and Assistant Principal

Aurora School in-ground trampoline is for use by Aurora students for therapeutic, sensory and play programs with the direct supervision of the appropriate staff member.

Guidelines

In order for the trampoline to be used safely, guidelines need to be adhered to at all times:

- Shoes and socks are to be removed prior to stepping onto the trampoline excluding children wearing AFOs.
- It is recommended that only one student be on the trampoline at a time. In cases where children require support to access/use the trampoline then a member of staff can be on the trampoline at the same time.
- When using the trampoline with students in wheelchairs, **ensure the brakes are on at ALL times and the student's harness is done up correctly.** When bouncing with the wheelchair, support must be applied either to the push bar at the rear of the chair or on the sides of the chair if facing the student.
- Children waiting their turn to use the trampoline need to be seated alongside the fence at all times.
- No children can access the trampoline unless supervised by a member of staff at all times.



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- Remove hats and audiology equipment prior to using the trampoline
- No food and drinks can be consumed on the trampoline. If students have a water bottle they need to drink whilst they are sitting on the soft fall rubber rock surrounding the trampoline.
- Children should only be on the trampoline for a short period of time to avoid tiredness, tension or dizziness as these can all have an impact on a child's balance (eg maximum 5 minutes; timing to suit individual child). Take regular breaks if there for an extended period of time.
- Remove all branches or debris which has fallen from the trees into the trampoline area as they can be a hazard for children getting on and off the trampoline.
- Children need to stop bouncing and simply step off the trampoline rather than jump onto the soft fall rubber rock

Please make sure when you are out using the trampoline if you notice any damage, rips or tears in the mat itself or on safety pads around the trampoline, to fences and gates please inform the Principal / Assistant Principal, Office Staff and Occupational Therapist.



COMMUNICATION :

This philosophy will be communicated to our school community in the following ways:

- Available publicly on our schools website
- Included in staff induction processes

POLICY REVIEW AND APPROVAL :

Policy last reviewed	March 2021
Approved by	Principal and School Management Team
Next scheduled review date	Three Years - 2024